

LAUREN MILITELLO

Concord, CA • lauren@laurenmilitello.com • AMFT# 156169

PROFESSIONAL AND VOLUNTEER EXPERIENCE

2025-Present • MDUSD • Mental Health Clinical Specialist • Concord, CA
Provide individual, group, and milieu therapy to K–12 students with 504s and IEPs.
Crisis prevention and intervention, collaborating with students, teachers, staff, and famlies.
Medi-Cal billing, clinical documentation, assessments, DSM-5 diagnoses, progress notes, IEP reports.

2020-2022 • White Pony Express, Nonprofit • Marketing and Development • Pleasant Hill, CA
Sensitively interviewed community leaders, families, and individual recipients at distribution sites.
Greeted and supported families at school pantries and giveaway events with authentic warmth.
Maintained and overhauled CRM database, restored reporting accuracy of segmented data.
Helped raise over 1.5 million across 7 campaigns and 85 marketing emails funding food rescue programs.

2019-2020 • California State University East Bay • Research Assistant • Hayward, CA
Researched crisis communication gaps during California wildfires, grant-funded qualitative study.
Conducted empathetic interviews with survivors including families, and community leaders.
Reviewed and cataloged 1,800+ news articles related to the Kincaid, Nuns, and Paradise fires.

2014-2020 • Take Root Productions • Owner • Oakland, CA
Produced impactful fundraising and marketing videos for nonprofits and green businesses.

2018-2019 • Bay Area Video Coalition, Nonprofit • Office Manager • San Francisco, CA
Supported culturally diverse producers, educators, students, and youth programs.
Hosted fundraising events, managed vendor projects, and budgeted purchasing requests.
Acted as the administrative hub for Public Access, Development, Operations, and Marketing.

2016-2017 • UCSF Benioff Children's Hospital, Nonprofit • Volunteer Media Specialist • Oakland, CA
Adhered to HIPAA compliance. CHO Show production assisted patients with digital therapy projects.

2014-2015 • The Crucible, Nonprofit • Volunteer Youth Programs Teacher's Assistant • Oakland, CA
Educated students ages 7-15 about industrial arts methods used historically.

2010-2014 • Numi Organic Tea, B-Corp • CRM Supervisor, International Coordinator • Oakland, CA
Reformed department operations by implementing an SOP and reward system.
Evaluated, processed, and interpreted international customs applications with 98% accuracy.

2010-2011 • BUILD, Nonprofit • Volunteer Youth Mentor at Lionel Wilson High School • Oakland, CA
Mentored a group of freshman students launching a small business.

2008-2010 • Cycles of Change, Nonprofit • Youth Volunteer Bicycle Repair and Outreach • Alameda, CA
Guided and assisted underserved youth with bicycle repairs and education.



LAUREN MILITELLO

Concord, CA • lauren@laurenmilitello.com • AMFT# 156169

EDUCATION

2026 • UMass Global • Pupil Personnel Services in School Counseling and Child Welfare • Online
Credential for grades PK-12. Social, emotional, academic, career development, equity and access.

2025 • Cal State East Bay • M.S. Counseling, Marriage and Family Therapy • Hayward, CA
First gen student, 3.9 GPA. Social justice via strength-based interventions, multicultural counseling.

2025 • Crisis Prevention Institute • Nonviolent Crisis Intervention Training • Concord, CA
Safety intervention strategies for assessing and responding to risk.

2024 • UC CA Agriculture & Natural Resources • Naturalist Certification • Oakland, CA
Stewardship program. Capstone, fieldwork, ecology, environmental science, land management.

2024 • Climate Psychology Alliance NA • Climate Aware Therapy Certification • Online
Overview of complex factors in the climate crisis and embedded social injustices.
Climate Cafe Training: Facilitate a space for expressing climate crisis emotions.

2024 • Holos Institute • Ecotherapy Training Intensive • Boonville, CA
Ecologically based framework and interventions with Holos Director Jan Stein.

2022 • University of Vermont • Digital Marketing Certification • Online
Integrated campaigns utilizing personas, keyword intent, and relevance.

2020 • Cal State East Bay • B.A. Communication, Strategic Communication • Hayward, CA
Capstone projects in social marketing, public relations, advertising, and grant-funded research study.

2016 • Bay Area Video Coalition • Video Production Certification • San Francisco, CA
Adobe CC, motion graphics, sound design, full production, lighting.

2013 • Ayurveda Retreat Hospital • Yoga Teacher Training • Coonoor, India
RYT-200. Classical Hatha Yoga training in the Nilgiri mountains, Dr. Shine Babu.

2010 • Women's Initiative Business School • Business Plan Development • Oakland, CA
Launched a small bicycle repair shop, Blue Bird Bicycles.

2008 • United Bicycle Institute • Bicycle Mechanic Certification • Ashland, OR
Bicycle maintenance, mechanics, wheel building, shop operations.