



LAUREN MILITELLO

Concord, CA • lauren@laurenmilitello.com • 510.227.4832

PROFESSIONAL AND VOLUNTEER EXPERIENCE

2025-Present • MDUSD • Behavioral Health Specialist Trainee • Concord, CA

Clinical internship at Sun Terrace Elementary School providing therapeutic services. Support two classrooms as part of the Counseling Enriched Program with crisis intervention. Assist with group counseling, consult and collaborate with BHS team/teachers/staff/parents. Medi-Cal billing/clinical documentation; observe assessments, progress reports, and IEPs.

2020-2022 • White Pony Express, Nonprofit • Marketing and Development • Pleasant Hill, CA

Sensitively interviewed community leaders, families, and individual recipients at distribution sites. Greeted and supported families at school pantries and giveaway events with authentic warmth. Provided stellar service, assisted the Executive Director with cultivating large donor partnerships. Maintained and overhauled CRM database, restored reporting accuracy of segmented data. Helped raise over 1.5 million across 7 campaigns and 85 marketing emails funding food rescue programs.

2019-2020 • California State University East Bay • Research Assistant • Hayward, CA

Grant-funded qualitative study researching crisis communication gaps during California wildfires. Conducted empathetic interviews with survivors including families, and community leaders. Reviewed and cataloged 1,800+ news articles related to the Kincaid, Nuns, and Paradise fires.

2014-2020 • Take Root Productions • Owner • Oakland, CA

Produced impactful fundraising and marketing videos for nonprofits and green businesses.

2018-2019 • Bay Area Video Coalition, Nonprofit • Office Manager • San Francisco, CA

Supported culturally diverse producers, educators, students, and youth programs. Hosted fundraising events, managed vendor projects, and budgeted purchasing requests. Acted as the administrative hub for Public Access, Development, Operations, and Marketing.

2016-2017 • UCSF Benioff Children's Hospital, Nonprofit • Volunteer Media Specialist • Oakland, CA

Adhered to HIPAA compliance. CHO Show production assisted patients with digital therapy projects.

2014-2015 • The Crucible, Nonprofit • Volunteer Youth Programs Teacher's Assistant • Oakland, CA

Educated students ages 7-15 about industrial arts methods used historically.

2010-2014 • Numi Organic Tea, B-Corp • CRM Supervisor, International Coordinator • Oakland, CA

Reformed department operations by implementing an SOP and reward system. Evaluated, processed, and interpreted international customs applications with 98% accuracy.

2010-2011 • BUILD, Nonprofit • Volunteer Youth Mentor at Lionel Wilson High School • Oakland, CA

Mentored a group of freshman students from product to business.

2008-2010 • Cycles of Change, Nonprofit • Youth Volunteer Bicycle Repair and Outreach • Alameda, CA

Guided and assisted underserved youth with bicycle repairs and education.



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EDUCATION

2025 • Crisis Prevention Institute • Nonviolent Crisis Intervention Training • Concord, CA

Safety intervention strategies for assessing and responding to risk.

2025 • Graduating May • Cal State East Bay • M.S. Counseling, MFT • Hayward, CA

First gen student, 3.9 GPA. Social justice via strength-based interventions, multicultural counseling.

2024 • UC CA Agriculture & Natural Resources • Naturalist Certification • Oakland, CA

Stewardship program. Capstone, fieldwork, ecology, environmental science, land management.

2024 • Climate Psychology Alliance NA • Climate Aware Therapy Certification • Online

Overview of complex factors in the climate crisis and embedded social injustices.

2024 • Holos Institute • Ecotherapy Training Intensive • Boonville, CA

Ecologically based framework and interventions with Holos Director Jan Stein.

2024 • Climate Psychology Alliance NA • Climate Cafe Training • Online

Facilitate a space for expressing climate crisis emotions. Training led by CPA co-founder Dr. Allured.

2022 • University of Vermont • Digital Marketing Certification • Online

Integrated campaigns utilizing personas, keyword intent, and relevance.

2020 • Cal State East Bay • B.A. Communication, Strategic Communication • Hayward, CA

Capstone projects in social marketing, public relations, advertising, and grant-funded research study.

2016 • Bay Area Video Coalition • Video Production Certification • San Francisco, CA

Adobe CC, motion graphics, sound design, full production, lighting.

2013 • Ayurveda Retreat Hospital • Yoga Teacher Training • Coonoor, India

RYT-200. Classical Hatha Yoga training in the Nilgiri mountains, Dr. Shine Babu.

2010 • Women's Initiative Business School • Business Plan Development • Oakland, CA

Launched a small bicycle repair shop, Blue Bird Bicycles.

2008 • United Bicycle Institute • Bicycle Mechanic Certification • Ashland, OR

Bicycle maintenance, mechanics, wheel building, shop operations.